

# Eskasoni CULTURAL JOURNEYS



Welcome to Goat Island, home of Eskasoni Cultural Journeys where you can immerse in authentic Mi'kmaw culture along this picturesque 2.4-kilometre trail. The Island hugs the beautiful Bras d'Or Lake, a UNESCO Biosphere Reserve.

When walking the trail you will stop at many locations with interpreters ready to give you the experience of the Mi'kmaw culture and traditions.

## GOAT ISLAND EXPERIENCES:

Observe a smudging ceremony

Bake four cents cake over an open fire

Learn the art of basketry

Enjoy traditional dance

Speak to our Trading Post merchant

Learn about hunting and fishing techniques

Interpretive panels and other selected spots along the trail offer an enhanced understanding of the Mi'kmaw people - our past and present.

We hope you enjoy your day at Goat Island.

## Eskasoni Cultural Journeys Goat Island

# Self-Guided Tour Map

### LEGEND

- YOU ARE HERE
- VISITOR INFORMATION CENTRE
- LOOK OFF & PICNIC AREA
- INTERPRETATION STATION
- WASHROOMS
- GROOMED TRAIL
- FUTURE TRAIL & DEVELOPMENT

- |                      |                              |                  |
|----------------------|------------------------------|------------------|
| 1 TRAIL ENTRANCE     | 10 BASKET MAKING / BOOKMARKS | 19 HUNTING PANEL |
| 2 TRADING POST       | 11 GATHERING PANEL           | 20 RED DRESS     |
| 3 RED OAK            | 12 REST AREA                 | 21 KAYAK         |
| 4 MEDICINE PANEL     | 13 DRUM AND SMUDGE AREA      | 22 BREAD MAKING  |
| 5 CHILDREN'S AREA    | 14 REST AREA                 | 23 GIFT SHOP     |
| 6 DANCE AND MEDICINE | 15 GARDEN                    | 24 PICNIC AREA   |
| 7 CLOTHING PANEL     | 16 PHOTO AREA                | 25 STAGE         |
| 8 REST AREA          | 17 HUNTING AND FISHING       |                  |
| 9 MEMORIAL TREE      | 18 REST AREA                 |                  |

